

Name _____

Being Mortal-by Atul Gawande

1. In the initial chapter of the book, it is pointed out that most medical educations do not include training on how to help patients cope with grief. Why do you think this is the case? How would this training help both patients and doctors deal with the things they face.
2. What are the stages of grieving? List them and describe them in detail.
3. As humans age, what are some of the changes to characteristics of the body tissues that occur? Think about skin, bones, organs, etc.

Below is a list of aging-related diseases. For each disease, research its symptoms, treatment, and prognosis in elderly individuals and record your findings below in the table. If you need more room, attach additional pages

| Disease/Condition | Symptoms | Treatment | Prognosis | Additional Facts |
|------------------------|----------|-----------|-----------|------------------|
| Atherosclerosis | | | | |
| Cardiovascular disease | | | | |
| Arthritis | | | | |
| Cataracts | | | | |
| Osteoporosis | | | | |
| Dementia | | | | |
| Alzheimer's disease | | | | |

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|--------------|--|--|--|--|
| Hypertension | | | | |
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4. What are the laws in the United States and other countries regarding end of life assistance, treatment, assisted suicide, etc.?

5. In the book, what did you find to be the most profound/influential information or story to you? Why? (Be specific)